

	Family member	Lifestyle Choices	Healthy/Unhealthy	Tense (past/present/future)	Extra Information
1	older sister	used to eat lots of fruits and vegetables, and continuously drinks water	healthy	past	smoking causes cancer
		lazy, smokes	unhealthy	present	
2	brother	eats fast food every day, spends a long time playing games on the phone. He is now obese.	unhealthy	present	he wants to be healthy
		plays sports	healthy	future	
3	mother	loved sports, played gymnastic and swam, maintained a healthy diet and slept early.	healthy	past	
		consumes a lot of calories, eats unhealthy food	unhealthy	present	
4	father	sits for a long time in front of the TV, uses the car to travel everywhere	unhealthy	present	using the car caused weight gain
		walking ,uses the bike to travel to work instead of the car	healthy	future	